

I. Grammar & Vocabulary

Choose the right answer

1. We took the ring road the wrong way _____.
a) up b) down c) round d) about
2. Few people suffer _____ this rare illness.
a) from b) of c) about d) to
3. He broke _____ leg in _____ car accident.
a) his/the b) his/a c) her/the d) the/a
4. I'm not sure she has _____ of humour.
a) her sense b) the sense c) such sense d) a sense
5. Could you please tell me _____ Chicago?
a) where is b) a way to c) the way to d) where
- 6) _____ progress has been made.
a) A b) Few c) A few d) Little
- 7) Now you have _____ chance of winning.
a) least b) less c) the less d) the least
- 8) Tell me _____ truth!
a) the b) some c) a d) 0
- 9) All my students are intelligent and you are _____ exception.
a) some b) a c) none d) no
- 10) I'll be in London for _____ time, call me there.
a) some b) any c) the d) much
- 11) I wish you _____ tonight.
a) will come b) come c) would come d) had come
- 12) I wish _____ younger.
a) be b) being c) I am d) I were
- 13) I wish you _____ yesterday.
a) came b) had come c) would come d) did come

- 14) I _____ better tell you about it.
 a) had b) have c) would d) should
- 15) I'd rather _____ now.
 a) to go b) going c) go d) went
- 16) You'd better _____ him. He should know.
 a) to ask b) asking c) asked d) ask
- 17) I'd rather she _____ tomorrow.
 a) came b) will come c) come d) comes
- 18) You _____ have been more careful, it's too late now !
 a) should b) must c) can d) may
- 19) I insist on _____ longer.
 a) your staying b) your stay
 c) you stay d) stay
- 20) They _____ 1 hour ago.
 a) should arrive b) might arrive
 c) should have arrived d) could arrive
- 21) Look at them: they _____ tourists !
 a) must be b) must have been
 c) should have been d) will be
- 22) _____ we go?
 a) have b) shall c) will d) are
- 23) When I saw him, I _____ something was wrong.
 a) know b) have known c) knew d) would have known
- 24) How long is it since you _____ her?
 a) have seen b) have been seeing
 c) could have seen d) saw
- 25) They _____ in London when the war broke out.
 a) have been living b) were living
 c) had been living d) lived
- 26) They _____ married last year.
 a) got b) have been c) are d) will be
- 27) I think _____ her yesterday.
 a) I've seen b) I had seen
 c) I saw d) I see

55) Ever since I can remember, I have spent my holidays with my parents at the south of
A B C D
France.

56) His main reason why getting a job as a postman during the holidays was that he had run
A B C D
out of money.

57) He needed money badly and as he didn't want to borrow to his parents his only solution
A B C D
was to get a summer job.

58) I had a dream last night. I dreamt that I was become an astronaut.
A B C D

59) If I had known I would come last night.
A B C D

60) This is cheaply than I thought.
A B C D

III. Reading Comprehension

Read the text carefully and fill in the blanks with the word that fits the text best.

Less than seven hours' sleep raises heart risk - The Daily Telegraph, Wed Dec 24, 2008

Getting __61__ than seven hours sleep a night may significantly __62__ the risk of suffering heart disease, a __63__ indicates.

__64__ found that people who get more rest are less likely to have calcium clogging their arteries, which can lead to heart __65__ and heart failure.

Scientists believe that the body is better able to clear the build-up from the crucial blood vessels if it gets more __66__.

__67__ levels of cholesterol, high blood pressure and smoking are known to __68__ the risk of suffering hardened arteries.

Scientists have proven that the __69__ of regular sleep a person gets can also affect their chances of developing the condition. They tested 495 people, __70__ from 35 to 47, over five years, none of whom had evidence of hardened arteries at the start of the study. By the end, __71__, 12 per cent of volunteers were sufferers.

__72__ people in the study got between six and seven hours sleep a night.

After adjusting for factors, __73__ age and sex, researchers found that one extra hour of sleep a night could cut the chance of developing hardening of the __74__ by 33 per cent, according to the results published in the Journal of the American Medical Association.

Christopher Ryan King, from the University of Chicago, who led the study, said that the findings showed a "robust and novel" __75__ between the number of hours slept a night and the risk of heart disease. But he said that his team was still __76__ what caused the association.

"Future studies will be needed for crucial extensions to these results", he said, "for example, does sleep moderate the rate at which calcification accumulates?"

Ellen Mason, senior cardiac nurse at the British Heart Foundation, said: "It is not yet quite clear how sleep affects our heart disease risk___77___ this study adds to___78___ research suggesting that getting enough sleep may ___79___ to keep our heart and circulation ___80___.

Heart disease kills about 105,000 people in Britain every year and another 2.6 million people are known to be living with the condition.

Experts recommend that adults get between seven and eight hours of sleep a night, teenagers nine hours, and children between 10 and 11 hours.

- 61) a) less b) more c) least d) most
- 62) a) lower b) upper c) increase d) increment
- 63) a) investigation b) inquiry c) investment d) study
- 64) a) Searchers b) Researchers c) Research d) Scientific
- 65) a) breaks b) attacks c) illnesses d) issues
- 66) a) resting b) activity c) rest d) leisure
- 67) a) great b) low c) big d) high
- 68) a) affect b) infect c) hit d) affectionate
- 69) a) time b) number c) total d) amount
- 70) a) aged b) old c) age d) young
- 71) a) although b) whereas c) while d) however
- 72) a) Most b) Most of c) Most of the d) None
- 73) a) included b) including c) inclusive d) with
- 74) a) cells b) heart c) veins d) arteries
- 75) a) link b) linkage c) tie d) bind
- 76) a) unsafe b) sure c) unsure d) certain
- 77) a) still b) yet c) but d) all
- 78) a) prior b) old c) precedent d) previous
- 79) a) assist b) helping c) help d) try
- 80) a) healthy b) wealthy c) heavy d) healthily

